CHILD CARE PM SNACK

DECEMBER

BECEIVIBER				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
	Animal Crackers ^+ 102G Yogurt @ 402M	Apple Slices 1/2 cupF String Cheese @ 10zM	Honey Grahams ^+ 102G Milk 1% @ 802M	Peach Cup 1/2 cupF Ch Chip Muffin\$@ ^+% 1.9ozG
5	6	7	8	9
Strawberry Cup 1/2 cupF SoyButter Sandwich^+\$@ 1.5 oz M 1ozG	Yogurt @ 402M Plums 1/2 cup F	Animal Crackers ^+ 102G Applesauce 1/2 cupF	Fresh Grapes 1/2 cup F String Cheese @ 10zM	Vanilla Brkfst Square ^+% 3ozG Apple Slices1/2 cupF
12	13	14	15	16
Muffin Top ^+\$ 3ozG Milk 1% @ 8ozM	Animal Crackers ^+ 102G Fruit Cocktail 1/2 cup F	Apple Slices 1/2 cupF String Cheese @ 10zM	Honey Grahams ^+ 102G Milk 1% @ 802M	Peach Cup 1/2 cupF Ch Chip Muffin\$@ ^+% 1.902G
19	20	21	22	23
Strawberry Cup 1/2 cupF SoyButter Sandwich^+\$@ 1.5 oz M 1ozG	Yogurt @ 402M Fresh Fruit 1/2 cup F	Animal Crackers ^+ 102G Applesauce 1/2 cupF		
26	27	28	29	30
	Animal Crackers ^+ 10zG Yogurt @ 40zM	Apple Slices 1/2 cupF String Cheese @ 10zM		

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ALL GRAINS ARE WHOLE GRAIN RICH

MILK IS 1%